Herfstcriterium 2026: Session: 3: COACH evaluation sheet for TEAM: VZV

Coachinfo: Warming up from: 08:00 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Bartholomeus Pieter

Coaches: Germonpré Niels HEADCOACH

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 13: 100M BREASTSTROKE WOMEN 13+ Heat:16, starttime: 09:30

Heat: 16/19 Lane : 4 Athlete: GERMONPRé CéZANNE **Q-time: 01:26:71**

PB (25m pool): 01:26.71 Eeklo 06/04/2026 **PB (50m pool):** 01:27.28 **SB:** 01:28.69 Brugge 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:40.71		01:26.71	
		00:40.71		*00:46.00*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 13: 100M BREASTSTROKE WOMEN 13+ Heat:17, starttime: 09:35

Heat: 17/19 Lane : 6 Athlete: LOWAGIE LOLA **Q-time: 01:25:40**

PB (25m pool): 01:25.43 Diksmuide 08/02/2026 **PB (50m pool):** 01:25.40 **SB:** 01:26.93 Brugge 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:40.59		01:25.43	
		00:40.59		*00:44.84*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 14: 100M MEDLEY MEN 13+ Heat:9, starttime: 09:55

Heat: 9/14 Lane : 2 Athlete: THIEREN KASPER **Q-time: 01:15:51**

PB (25m pool): 01:15.51 Waregem 26/09/2026 **PB (50m pool):** no time **SB:** 01:15.51 Waregem 26/09/2026

	25 M	50 M	75 M	100 M	
PB		no time		01:15.51	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 3: COACH evaluation sheet for TEAM: VZV

Event number: 14: 100M MEDLEY MEN 13+ — Heat:13, starttime: 10:05

Heat: 13/14 Lane : 5 Athlete: GERMONPRé ACHIEL — **Q-time: 01:08:08**

PB (25m pool): 01:08.08 Meulebeke 24/10/2026 **PB (50m pool):** no time **SB:** 01:08.08 Meulebeke 24/10/2026

	25 M	50 M	75 M	100 M	
PB		no time		01:08.08	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 15: 50M BUTTERFLY MEN 11-12 — Heat:2, starttime: 10:10

Heat: 2/10 Lane : 7 Athlete: GOETHALS LOWIE — **Q-time: 00:50:93**

PB (25m pool): 00:51.10 Waregem 26/09/2026 **PB (50m pool):** 00:50.93 **SB:** 00:51.10 Waregem 26/09/2026

	25 M	50 M	
PB		00:51.10	
	00:51.10		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 15: 50M BUTTERFLY MEN 11-12 — Heat:6, starttime: 10:15

Heat: 6/10 Lane : 4 Athlete: DEVOS BAS — **Q-time: 00:42:40**

PB (25m pool): 00:42.40 Waregem 26/09/2026 **PB (50m pool):** 00:43.04 **SB:** 00:42.40 Waregem 26/09/2026

	25 M	50 M	
PB		00:42.40	
	00:42.40		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 16: 50M BUTTERFLY WOMEN 13+ — Heat:10, starttime: 10:30

Heat: 10/20 Lane : 6 Athlete: GERMONPRé CéZANNE — **Q-time: 00:37:21**

PB (25m pool): 00:37.21 Waregem 26/09/2026 **PB (50m pool):** 00:37.42 **SB:** 00:37.21 Waregem 26/09/2026

	25 M	50 M	
PB		00:37.21	
	00:37.21		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 3: COACH evaluation sheet for TEAM: VZV

Event number: 17: 200M BACKSTROKE MEN 13+ — Heat:6, starttime: 11:05

Heat: 6/9 Lane : 1 Athlete: THIEREN KASPER — **Q-time: 02:44:06**

PB (25m pool): 02:46.91 Diksmuide 08/02/2026 **PB (50m pool):** 02:44.06 **SB:** no time

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:39.42		01:21.89		02:05.10		02:46.91
		00:39.42		*00:42.47*		*00:43.21*		*00:41.81*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 17: 200M BACKSTROKE MEN 13+ — Heat:7, starttime: 11:10

Heat: 7/9 Lane : 6 Athlete: GARMYN LEON — **Q-time: 02:38:51**

PB (25m pool): 02:40.64 Diksmuide 08/02/2026 **PB (50m pool):** 02:38.51 **SB:** no time

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:37.67		01:18.67		02:00.33		02:40.64
		00:37.67		*00:41.00*		*00:41.66*		*00:40.31*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 18: 100M FREESTYLE WOMEN 11-12 — Heat:12, starttime: 11:40

Heat: 12/15 Lane : 4 Athlete: WILS ESTELLE — **Q-time: 01:14:39**

PB (25m pool): 01:14.39 Brugge 04/10/2026 **PB (50m pool):** 01:15.86 **SB:** 01:14.39 Brugge 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:36.48		01:14.39	
		00:36.48		*00:37.91*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 18: 100M FREESTYLE WOMEN 11-12 — Heat:14, starttime: 11:45

Heat: 14/15 Lane : 4 Athlete: NEYRINCK ELODY — **Q-time: 01:12:71**

PB (25m pool): 01:14.26 Brugge 04/10/2026 **PB (50m pool):** 01:12.71 **SB:** 01:14.26 Brugge 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:36.22		01:14.26	
		00:36.22		*00:38.04*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 3: COACH evaluation sheet for TEAM: VZV

Event number: 19: 100M BREASTSTROKE MEN 11-12 — Heat:3, starttime: 11:50

Heat: 3/11 Lane : 1 Athlete: DEVOS BAS — **Q-time: 01:54:53**

PB (25m pool): 01:54.53 Menen 01/05/2026 **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:54.26		01:54.53	
		00:54.26		*01:00.27*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 19: 100M BREASTSTROKE MEN 11-12 — Heat:6, starttime: 12:00

Heat: 6/11 Lane : 2 Athlete: GOETHALS LOWIE — **Q-time: 01:44:87**

PB (25m pool): 01:44.87 Brugge 04/10/2026 **PB (50m pool):** 01:53.93 **SB:** 01:44.87 Brugge 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:50.34		01:44.87	
		00:50.34		*00:54.53*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback: